

# AMPLIFY VISIBILITY FOR YOUR NONPROFIT THROUGH



- ▶ Use Guidestar to amplify your voice
- ▶ Share financial and impact data to drive donor management
- ▶ Reduce time spent completing grant applications
- ▶ Strengthen Diversity, Equity and Inclusion within your organization

## SESSION OBJECTIVES



ORIGINAL

Form **990**

**Return of Organization Exempt From Income Tax**

OMB No. 1545-0047

**2018**

**Open to Public Inspection**

Department of the Treasury  
Internal Revenue Service

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)  
▶ Do not enter social security numbers on this form as it may be made public.  
▶ Go to [www.irs.gov/Form990](http://www.irs.gov/Form990) for instructions and the latest information.

**A** For the 2018 calendar year, or tax year beginning 2018, and ending 2018, 20

**B** Check if applicable:  
 Address change  
 Name change  
 Initial return  
 Final return/terminated  
 Amended return  
 Application pending

**C** Name of organization: Glacia Reform LLC  
 Doing business as: Glacia Reform Movement, INC  
 Number and street (or P.O. box if mail is not delivered to street address): PO Box 123  
 Room/suite:  
 City or town, state or province, country, and ZIP or foreign postal code: JARANAC Lake, NP 12983

**D** Employer identification number: 58-214967  
**E** Telephone number:  
**G** Gross receipts \$: 982,43

**F** Name and address of principal officer:  
**H(a)** Is this a group return for subordinates?  Yes  No  
**H(b)** Are all subordinates included?  Yes  No  
 If "No," attach a list. (see instructions)

**I** Tax-exempt status:  501(c)(3)  501(c) ( ) (insert no.)  4947(a)(1) or  527

**J** Website: http://www.glacia-reform.com **H(c)** Group exemption number ▶

**K** Form of organization:  Corporation  Trust  Association  Other ▶ **L** Year of formation: 1988 **M** State of legal domicile:

**Part I Summary**

Activities & Governance	1	Briefly describe the organization's mission or most significant activities: <u>We want to slow everything down. Our stated goal stop progress</u>		
	2	Check this box <input type="checkbox"/> if the organization discontinued its operations or disposed of more than 25% of its net assets.		
	3	Number of voting members of the governing body (Part VI, line 1a)	3	4
	4	Number of independent voting members of the governing body (Part VI, line 1b)	4	7
	5	Total number of individuals employed in calendar year 2018 (Part V, line 2a)	5	23
	6	Total number of volunteers (estimate if necessary)	6	17
	7a	Total unrelated business revenue from Part VIII, column (C), line 12	7a	0
	b	Net unrelated business taxable income from Form 990-T, line 38	7b	0
Revenue	8	Contributions and grants (Part VIII, line 1h)	Prior Year: 984,001	Current Year: 300,000
	9	Program service revenue (Part VIII, line 2g)	158,000	322,657
	10	Investment income (Part VIII, column (A), lines 3, 4, and 7d)	0	
	11	Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)		
	12	Total revenue—add lines 8 through 11 (must equal Part VIII, column (A), line 12)		

## Weaknesses of Form 990 Data

- It does not have much data on nonprofit programs or impact
- The data tends to be at least 1.5 years old
- Is not specific to particular types of nonprofits

Form **990** **Return of Organization Exempt From Income Tax** OMB No. 1545-0047  
 Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations) **2017**  
 Department of the Treasury Internal Revenue Service **Open to Public Inspection**  
 ▶ Do not enter social security numbers on this form as it may be made public.  
 ▶ Go to [www.irs.gov/Form990](http://www.irs.gov/Form990) for instructions and the latest information.

**A** For the 2017 calendar year, or tax year beginning **JUL 1, 2017** and ending **JUN 30, 2018**

**B** Check if applicable:  
 Address change  
 Name change  
 Initial return  
 Final return/terminated  
 Amended return  
 Application pending

**C** Name of organization  
**MEALS ON WHEELS OF SAN ANTONIO**  
 Doing business as  
 Number and street (or P.O. box if mail is not delivered to street address) Room/suite  
**4306 NW LOOP 410**  
 City or town, state or province, country, and ZIP or foreign postal code  
**SAN ANTONIO, TX 78229**

**D** Employer identification number  
**74-1948646**

**E** Telephone number  
**210-735-5115**

**F** Name and address of principal officer: **VINSEN FARIS**  
**SAME AS C ABOVE**

**G** Gross receipts \$ **8,293,453.**

**H(a)** Is this a group return for subordinates? .....  Yes  No  
**H(b)** Are all subordinates included?  Yes  No  
 If "No," attach a list. (see instructions)  
**H(c)** Group exemption number ▶

**I** Tax-exempt status:  501(c)(3)  501(c) ( ) (insert no.)  4947(a)(1) or  527

**J** Website: ▶ **WWW.MOWSATX.ORG**

**K** Form of organization:  Corporation  Trust  Association  Other ▶ **L** Year of formation: **1977** **M** State of legal domicile: **TX**

**Part I Summary**

<b>Activities &amp; Governance</b>	<b>1</b> Briefly describe the organization's mission or most significant activities: <b>WE NOURISH LIVES, ENABLE INDEPENDENCE, AND CARE FOR PEOPLE IN OUR COMMUNITY.</b>		
	<b>2</b> Check this box <input type="checkbox"/> if the organization discontinued its operations or disposed of more than 25% of its net assets.		
	<b>3</b> Number of voting members of the governing body (Part VI, line 1a)	<b>3</b>	<b>19</b>
	<b>4</b> Number of independent voting members of the governing body (Part VI, line 1b)	<b>4</b>	<b>19</b>
	<b>5</b> Total number of individuals employed in calendar year 2017 (Part V, line 2a)	<b>5</b>	<b>136</b>
	<b>6</b> Total number of volunteers (estimate if necessary)	<b>6</b>	<b>2237</b>
	<b>7 a</b> Total unrelated business revenue from Part VIII, column (C), line 12	<b>7a</b>	<b>0.</b>
<b>b</b> Net unrelated business taxable income from Form 990-T, line 34	<b>7b</b>	<b>0.</b>	

## Strengths of Form 990 Data

- It is relatively comprehensive
- It is in a standardized format
- It has great baseline information on mission, staff, board and finances

# MOVING TOWARD RESULTS & COMPARATIVES



	<b>MOW A 990</b>	<b>MOW B 990</b>
<b>Program Revenues</b>	1,000,000	1,000,000
<b>Contributions</b>	200,000	200,000
<b>Total Revenues</b>	1,200,000	1,200,000
<b>Expenses</b>	1,200,000	1,200,000
<b>Change in Net Assets</b>	0	0

<b>MOW A</b>	<b>MOW B</b>
Serve 500 seniors	Serve 500 Seniors
Service Area is 50 square miles	Services area is 1 square mile
Uses frozen meals	Cooks all meals
25 employees	10 employees
50 volunteers	100 volunteers
75% have increased weight	50% have decreased weight

<p><b>Repayer</b></p> <p>“I give to my alma mater”</p> <p>“I support organizations that had an impact on me or a loved one”</p>	<p><b>Casual Giver</b></p> <p>“I primarily give to well known nonprofits through a payroll deduction at work”</p> <p>“I donated \$1,000 so I could host a table at the event”</p>	<p><b>High Impact</b></p> <p>“I give to the nonprofits that I feel are generating the greatest social good”</p> <p>“I support causes that seem overlooked by others”</p>
<p><b>Faith Based</b></p> <p>“We give to our church”</p> <p>“We only give to organizations that fit with our religious beliefs”</p>	<p><b>See the Difference</b></p> <p>“I think it’s important to support local charities”</p> <p>“I only give to small organizations where I feel I can make a difference”</p>	<p><b>Personal Ties</b></p> <p>“I only give when I am familiar with the people who run an organization”</p> <p>“A lot of my giving is in response to friends who ask me to support their causes”</p>

**DON'T BE A “BEST KEPT SECRET”: WHAT TYPES OF DONORS CAN YOU INFLUENCE?**



## Proportion of Donors Comparing Multiple Nonprofits



The proportion of givers comparing among nonprofits **tripled** in five years.

This *may* be extrapolated to an increase in **\$15.8 billion per year** from 12.9 million additional donors.

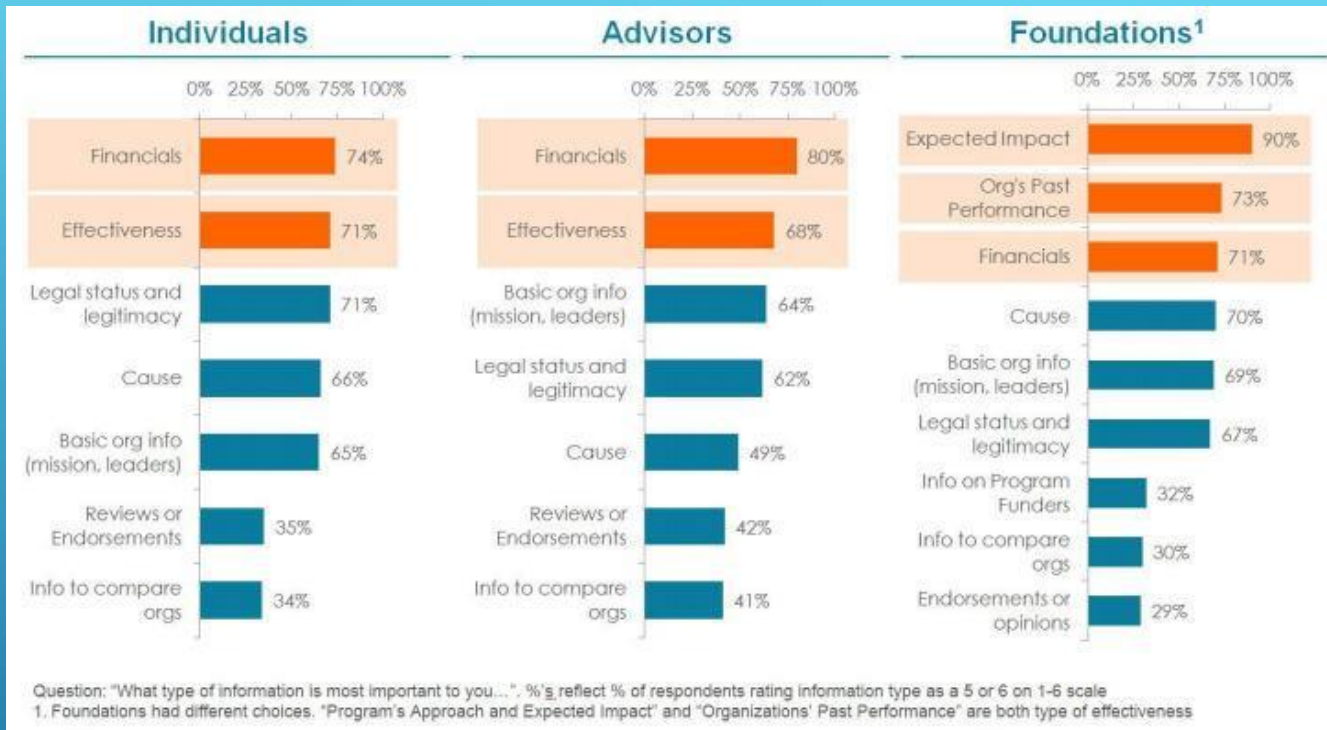
Notes: (1) There was a slight shift in wording/framing of this question between 2012 and 2015. (2) Extrapolations assume similar behavior across income groups—an assumption that matches some but not all of the data. (3) Additional donor number is conservative, using Philanthropy Roundtable percentage (67%), not Gallup one (83%). Given the Gallup data the total would be 16 million.

Sources: [Gallup](#); [Philanthropy Roundtable](#); [Gallup](#); [Gallup](#); [Gallup](#); [Gallup](#)



Source: "Money for Good" research /Camber Collective

MONEY FOR GOOD



# MONEY FOR GOOD II

GIVING INTELLIGENCE: DESPITE DIFFERENT MOTIVATIONS AND RESEARCH BEHAVIORS, EACH GROUP WANTS SIMILAR INFORMATION...

- ▶ High Performance is the ability to deliver
  - ▶ Over a prolonged period of time
  - ▶ Meaningful (to whom)
  - ▶ Measurable (by whom)
  - ▶ Sustainable results (for how long)

For the people or causes the organization is in existence to serve.

## WHAT IS HIGH PERFORMANCE?



Score Yourself...1-5 (no 3's!!!) for each item based on Corroborating Evidence

- 1) Courageous and adaptive board leadership
- 2) Disciplined, people-focused management
- 3) Well-designed, well-implemented programs
- 4) Financial health and sustainability
- 5) A culture that values learning
- 6) Internal monitoring for continuous improvement
- 7) External evaluation for evidence of effectiveness

**WHAT ARE THE CHARACTERISTICS OF A HIGH PERFORMING NONPROFIT?**



Participation Org Count		
Number of Participating Organizations		6,801
Number of Published Organizations		5,156
Number of Metrics Submitted		36,778
Number of Metrics Published	20,833 56.64%	
Total Stock Metrics Published	15,052 72.25%	
Total Custom Metrics Published	5,781 27.75%	

## PLATINUM RESULTS SHARE ON GUIDESTAR





Basic Information: So you can be found



Financial Information: So you can build trust



Program Information: So you can tell your story



Results: So you can show the difference you make

# SHARE YOUR STORY AND YOUR DATA WITH THE WORLD



# BRONZE

Names & Contacts  
Addresses  
Donation Info  
Founding Info  
Leadership & Staff  
Board Members  
Brand  
Mission  
Programs & Map  
Categorization



# SILVER

Financial Documents

Fiscal Year

Revenue

Expenses

Assets & Liabilities

Funding Sources





# GOLD

Issue

Goals

Strategies

Capabilities

Indicators

Progress



# PLATINUM

Metrics

External Evaluations



meals on wheels

281 results found

STATE  
Texas - 281

ZIP CODE  
Enter a zip code Radius

METRO STATISTICAL AREA (MSA)  
All MSAs

CITY  
Enter a city  
All cities

COUNTY  
Enter a county  
All counties


CLEAR ALL

Organization Name	Rating	GROSS RECEIPTS	ASSETS
<b>Meals on Wheels San Antonio</b> Grace Place Alzheimer's Activity Centers San Antonio, TX   EIN: 74-1948648   BRIDGE Number: 1089197365 <i>Meals on Wheels</i> provides hot, healthy and delicious lunch time <i>meals</i> to seniors ... Alzheimer's, companionship, Senior services, <i>Meals on Wheels</i> ...	Platinum	\$8,293,453	\$9,486,172
<b>Meals on Wheels And More, Inc.</b> Meals on Wheels Central Texas Austin, TX   EIN: 23-7202594   BRIDGE Number: 0829269742 ...cold/frozen breakfast <i>meals</i> for <i>Meals on Wheels</i> program clients who are facing food insecurity, and need an additional <i>meal</i> each day to ... <i>Meals on Wheels</i> , elderly services, disabled services, ...	Platinum	\$13,799,840	\$11,340,308
<b>Meals on Wheels Ministry, Inc.</b> Meals on Wheels Ministry, Inc. Tyler, TX   EIN: 23-7313019   BRIDGE Number: 8345481458 <i>Meals on Wheels</i> Ministry delivers nutritious <i>meals</i> , safety checks and other services ... elderly home-bound food; home-delivered <i>meals</i> ...	Platinum	\$4,899,030	\$5,359,281
<b>Meals On Wheels Of Tarrant County</b> Fort Worth, TX   EIN: 75-1568798   BRIDGE Number: 6566150052 Nutrition, <i>Meals</i> , <i>Meals On Wheels</i> , Inc. of Tarrant County, <i>Meals On Wheels</i> , <i>meals on wheels</i> , volunteers ... <i>Meals On Wheels</i> , Inc. of ...	Platinum	\$6,806,189	\$12,479,939
<b>Meals on Wheels Waco</b> Meals on Wheels Waco Waco, TX   EIN: 74-1776447   BRIDGE Number: 6059548765 <i>Meals on Wheels</i> , Senior Centers, Transportation, Congregate <i>Meals</i> , Senior Services, Hunger ... central kitchen currently caters <i>meals</i> to four of the six counties in this region. The <i>Meals on Wheels</i> program also provides a nutritional ...	Platinum	\$2,163,992	\$1,405,936
<b>Interfaith Ministries for Greater Houston</b> Meals on Wheels for Greater Houston Houston, TX   EIN: 74-1488102   BRIDGE Number: 3111604501 <i>Meals on Wheels</i> (MOW) provides home delivered <i>meals</i> and support to our community's homebound ... social service, human services, food, <i>meals on wheels</i> , nutrition, animals, pets, refugees, interfaith, volunteerism ...	Platinum	\$17,835,765	\$17,851,776
<b>Meals on Wheels of Johnson &amp; Ellis Counties Inc.</b> Cleburne, TX   EIN: 75-1555153   BRIDGE Number: 1566363348 Group <i>Meals</i> , Low-Cost <i>Meals</i> , Nutrition Sites, Senior Nutrition Sites, Home Delivered <i>Meals</i> , Home <i>Meals</i> , <i>Meals on Wheels</i> , Mobile ... <i>Meals on Wheels</i> of Johnson & Ellis Counties serves the children of yesterday by helping needy ...	Platinum	\$2,056,145	\$1,098,346
<b>Meals On Wheels Collin County</b> McKinney, TX   EIN: 75-1544507   BRIDGE Number: 4399316916 <i>Meals on Wheels</i> , Seniors, Hunger, Independence, ... <i>Meals On Wheels</i> Collin ...	Bronze	\$2,329,446	\$1,530,071
<b>MEALS ON WHEELS OF PALESTINE INC</b> Tri-County Meals on Wheels Palestine, TX   EIN: 75-1525201   BRIDGE Number: 7013462751 <i>Meals on Wheels</i> provides a hot noon <i>meal</i> five days per week, both to on-site and homebound ... <i>Meals on Wheels</i> of Palestine's mission is to help older adults build a brighter future for ...	Gold	\$1,887,024	\$1,717,526
<b>Meals on Wheels Central Texas In-Home Care</b> Meals on Wheels Central Texas In-Home Care Austin, TX   EIN: 74-1888198   BRIDGE Number: 7854965932 As a division of <i>Meals on Wheels</i> on Central Texas, the mission of <i>Meals on Wheels</i> Central Texas In-Home Care is to ... dressing, grooming, toileting, housekeeping, laundry, shopping, and <i>meal</i> preparation. This invaluable in-home assistance improves the ...	Silver	\$2,094,013	\$267,293
<b>MONTGOMERY COUNTY COMMITTEE ON AGING INC</b> Meals on Wheels Montgomery County Conroe, TX   EIN: 23-7310650   BRIDGE Number: 5849751864 <i>Meals on Wheels</i> Montgomery County (MOWMC) is a local ... local community based non-profit. MOWMC is a member of <i>Meals on Wheels</i> America, a national advocacy association, however we operate ...	Platinum	\$2,207,116	\$500,276
<b>SPAN Incorporated</b> Meals on Wheels of Denton County Denton, TX   EIN: 75-1497010   BRIDGE Number: 5465340027 ...Seniors, <i>meals on wheels</i> , disabled, veterans, nutrition, social service, volunteer, lifeline, caregiver, ... <i>Meals On Wheels</i> 37% of total operation Transportation 60% of total operation ...	Platinum	\$3,106,688	\$2,465,476
<b>Lubbock Meals On Wheels Inc</b> Lubbock, TX   EIN: 75-1333736   BRIDGE Number: 1382967941 Need Or Physical Condition, Lubbock <i>Meals On Wheels</i> Will Provide Nutritious, Home-Delivered <i>Meals</i> To Those Who Are Homebound, Elderly ... Lubbock <i>Meals On Wheels</i> Prepared 550 <i>Meals</i> Daily For The Homebound, Elderly, And Disabled ...	Platinum	\$1,739,871	\$8,064
<b>Meals On Wheels of Amarillo Texas Inc</b> Amarillo, TX   EIN: 23-7181046   BRIDGE Number: 6064987585 Adequate <i>Meals</i> For Themselves, Volunteers Provide A Friendly Visit And A Critical Safety Check. In 2017, A Total Of 46,778 <i>Meals</i> Were ... Hot, Nutritious <i>Meals</i> To The Elderly And Severely Disabled At Their Homes. ...	Platinum	\$1,926	\$8,896



Candid at a Glance


GUIDE STAR by Candid | GuideStar Basic | Search | Update Nonprofit Profile | Products | Blog | Support



AGRICULTURE, FOOD, NUTRITION

# MEALS ON WHEELS SAN ANTONIO

More than a meal



**MEALS ON WHEELS**  
SAN ANTONIO

aka Grace Place Alzheimer's Activity Centers

San Antonio, TX

www.mowSATx.org

SUMMARY
PROGRAMS
FINANCIALS
OPERATIONS

**Mission**

The mission of Meals on Wheels San Antonio is to promote the dignity and independence of seniors who are in need of nutritious meals, companionship, and Alzheimer's care.

**Ruling Year**

1979

**EIN**

74-1948646

**IRS Filing Requirement**

This organization is required to file an IRS Form 990 or 990-EZ.

**Chief Executive Officer**

Mr. Vinsen Faris CFRE

**BRIDGE Number**

1089197365

**Download Tax Forms**

Show Forms 990

**Main Address**




4306 NW Loop 410  
San Antonio, TX 78229 USA

Show More Contacts

**Cause Area (NTEE Code)**

Meals on Wheels (K36)  
Alzheimer's (G83)  
Senior Centers/Services (P81)

**Social Media**

**Keywords**

Alzheimer's, companionship, Senior services, Meals on Wheels

## PROGRAMS + RESULTS

# PROGRAMS + RESULTS

## What we aim to solve New!

Nearly nine million seniors (14%) face the threat of hunger and approximately 17 million seniors (24%) live alone, placing them at greater risk of the harmful health effects of social isolation. ... [READ MORE](#)

## REPORTS & DOCUMENTS

[Download Annual Reports](#) ▾

[Download Other Documents](#) ▾

## Our programs

What are the organization's current programs, how do they measure success, and who do the programs serve?

SOURCE: Self-reported by organization

## Meals on Wheels San Antonio



Meals on Wheels provides hot, healthy and delicious lunch time meals to seniors who have difficulty leaving their homes and are unable to prepare a meal for themselves. Hundreds of dedicated volunteers travel across the city to deliver not only the hot meal, but to also provide daily safety checks. The AniMeals program delivers monthly pet food supplies to seniors who would otherwise risk their own health to share their meals with their animal companions. Receiving a fresh meal daily allows the seniors of Bexar County to continue a healthy and happy life in their own homes, rather than move prematurely into costly assisted living facilities

### Population(s) Served

Aging, elderly, senior citizens  
People with disabilities

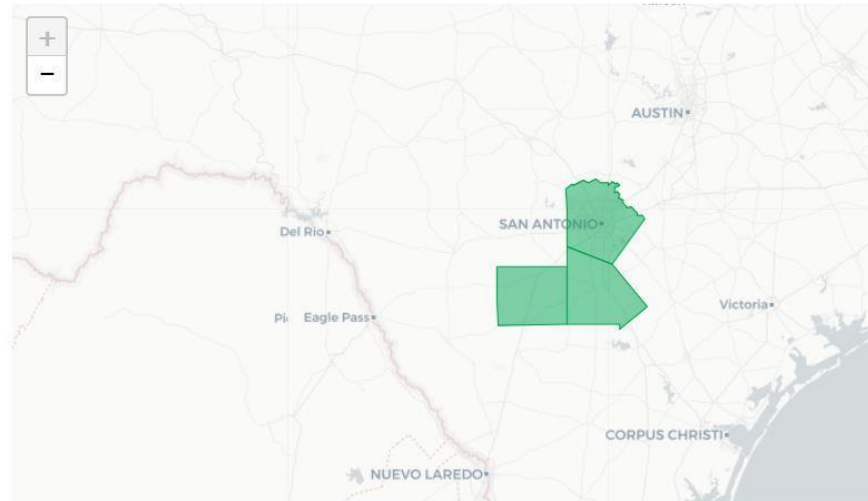
### Budget

\$55,963

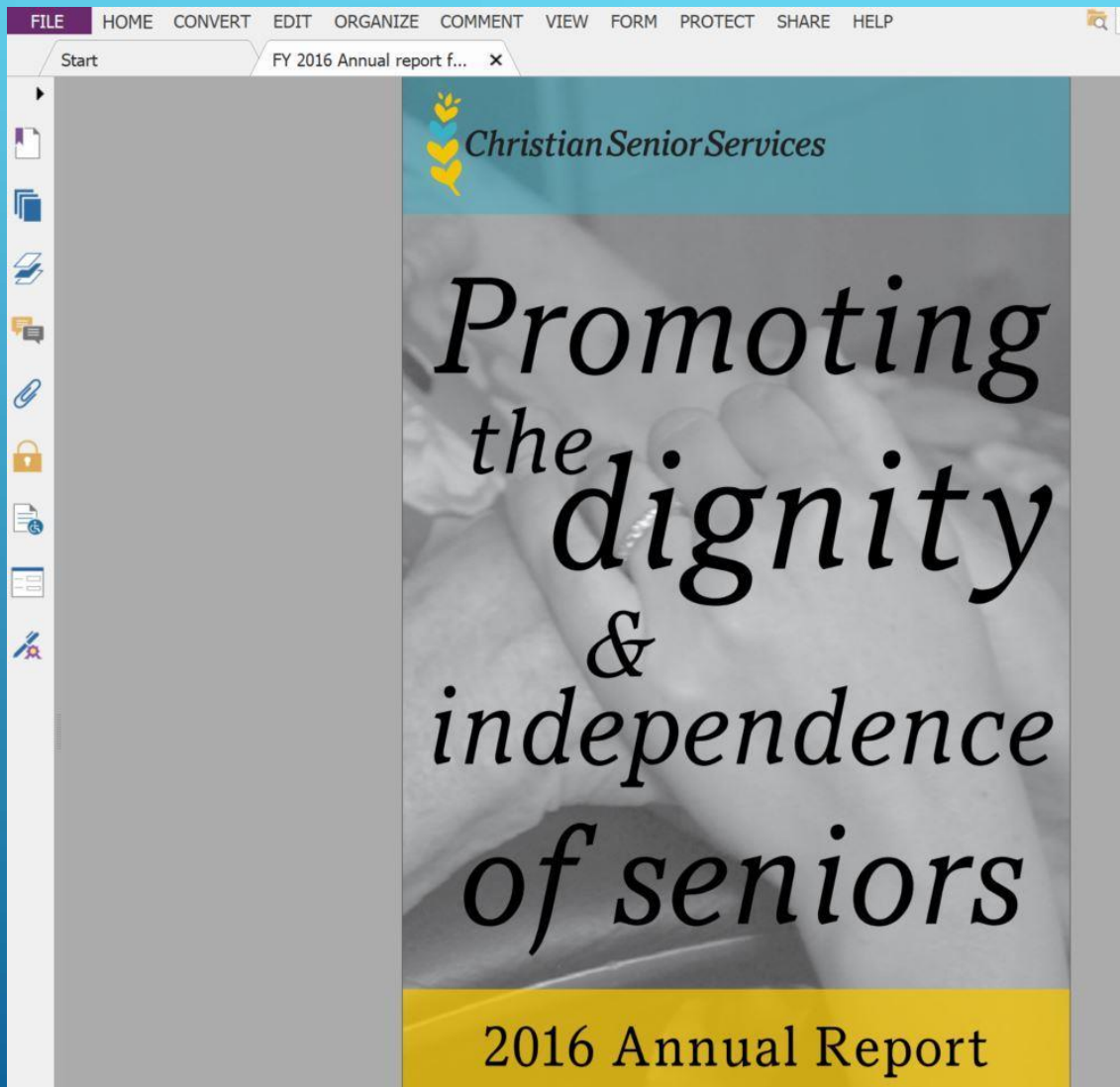
Grace Place Alzheimer's Activity Centers



## Where we work New!



Bexar County, TX | Frio County, TX | Atascosa County, TX



anual report.pdf



**MEALS ON WHEELS SAN ANTONIO  
FINANCIAL STATEMENTS  
YEAR ENDED JUNE 30, 2018**

## Our programs

What are the organization's current programs, how do they measure success, and who do the programs serve?

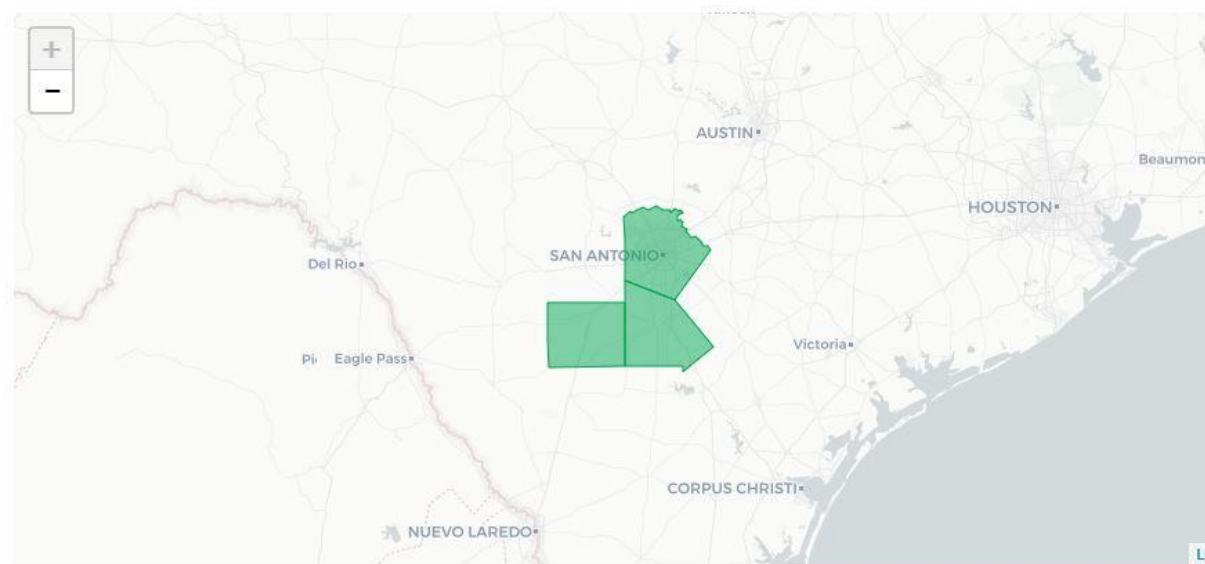
SOURCE: Self-reported by organization

### Meals on Wheels San Antonio

#### Grace Place Alzheimer's Activity Centers

Grace Place is a licensed adult day care program that provides a warm, home-like environment for individuals suffering from Alzheimer's disease to spend the day. At our three Grace Place centers, they engage in supervised activities that emphasize their remaining abilities, rather than disabilities. Alzheimer's disease is the most common form of dementia and the sixth leading cause of death among older adults. In Bexar County alone, this irreversible, progressive brain disorder affects approximately 39,000 people. An estimated 70 percent live at home with a family caregiver. Often unable to afford outside care, there is an enormous strain on caretakers' finances, on their time, which can negatively affect their job security, and on their personal well-being. With funding from generous donors, we keep our day care costs to \$50 a day versus the \$160 to \$200 a day charged for home health or nursing home services. For those caregivers who cannot afford the daily rate, we seek stipends to cover those costs. Our Grace Place programs in 2015-2016 provided 18,560 full days and 7,534 half days of care and activities beneficial to seniors with Alzheimer's. The need for low-cost day programs will only increase in coming years. The number of people age 65 and older with Alzheimer's is expected to increase from 5.2 million today to 13.8 million in 2050.

## Where we work New!



Bexar County, TX Frio County, TX Atascosa County, TX



## Our programs

What are the organization's current programs, how do they measure success, and who do the programs serve?

SOURCE: Self-reported by organization

Meals on Wheels San Antonio



Grace Place Alzheimer's Activity Centers



Friendly Visitor Program



The Friendly Visitor program provides companionship to disabled and homebound seniors in San Antonio and the surrounding areas. Volunteers spend time in the homes of lonely individuals helping support their health, mental well-being and ability to live independently in their own homes by providing companionship and assistance with daily activities. This program helps isolated seniors alleviate feelings of loneliness by keeping them active and engaged with members of their community. It also provides numerous impactful civic engagement opportunities to the citizens of San Antonio.

### Population(s) Served

Aging, elderly, senior citizens

### Budget

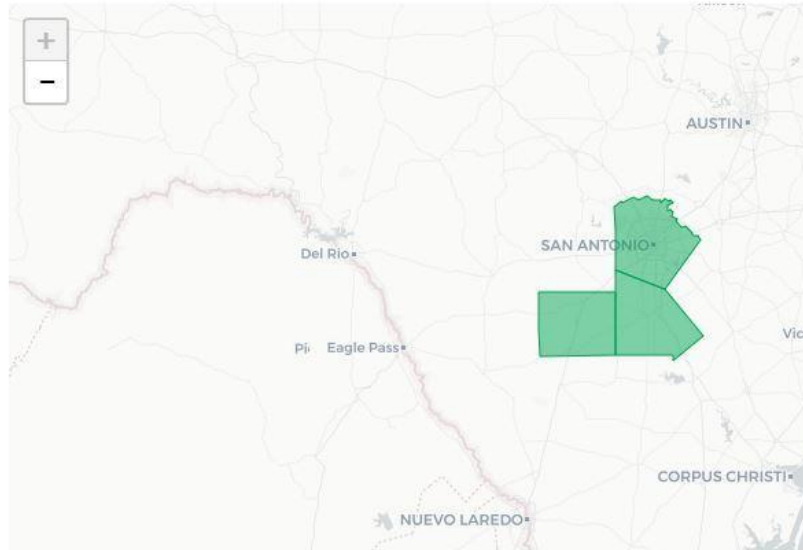
\$54,000

AniMeals



## Our Results

## Where we work New!



Bexar County, TX Frio County, TX Atascosa County, TX

### Our programs

What are the organization's current programs, how do they measure success, and who do the programs serve?

SOURCE: Self-reported by organization

Meals on Wheels San Antonio



Grace Place Alzheimer's Activity Centers



Friendly Visitor Program



AniMeals



The AniMeals program delivers monthly pet food supplies to seniors who would otherwise risk their own health to share a meals with their animal companions.

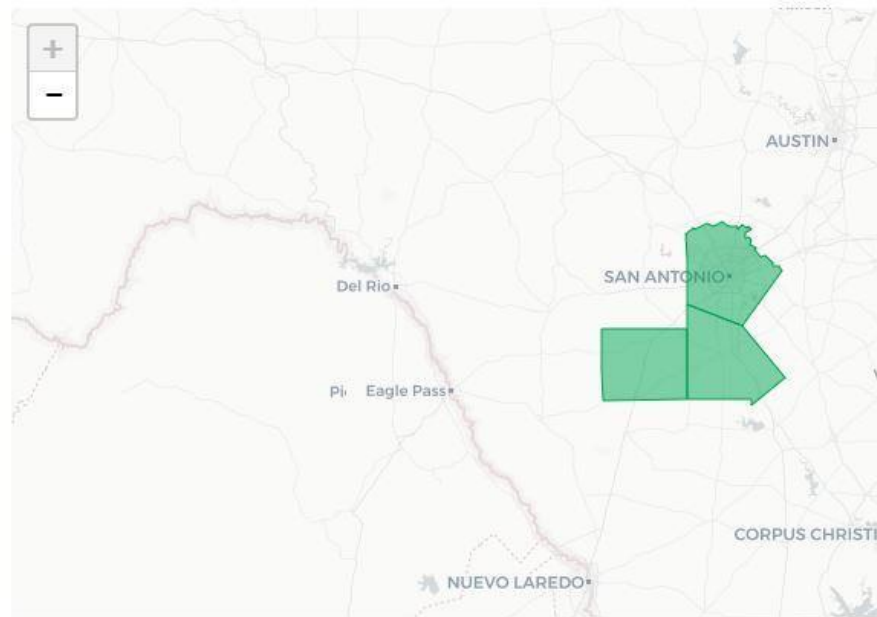
#### Population(s) Served

Aging, elderly, senior citizens  
People with disabilities

#### Budget

\$50,000

### Where we work New!



Bexar County, TX

Frio County, TX

Atascosa County, TX

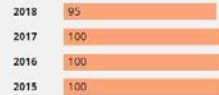
## Our Results

How does this organization measure their results? It's a hard question but an important one. These quantitative program results are self-reported by the organization, illustrating their commitment to transparency, learning, and interest in helping the whole sector learn and grow.

SOURCE: Self-reported by organization

### Percentage of clients satisfied with Meals on Wheels San Antonio services

#### TOTALS BY YEAR



#### POPULATION(S) SERVED

Aging, elderly, senior citizens

#### RELATED PROGRAM

Meals on Wheels San Antonio

#### TYPE OF METRIC

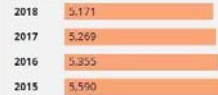
Outcome - describing the effects on people or issues

#### DIRECTION OF SUCCESS

Increasing

### Number of seniors who receive healthy, nutritious meals each week

#### TOTALS BY YEAR



#### POPULATION(S) SERVED

Aging, elderly, senior citizens

#### RELATED PROGRAM

Meals on Wheels San Antonio

#### TYPE OF METRIC

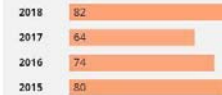
Output - describing our activities and reach

#### DIRECTION OF SUCCESS

Increasing

### Percentage of seniors who report improved health as a result of regular meal deliveries and safety checks

#### TOTALS BY YEAR



#### POPULATION(S) SERVED

Aging, elderly, senior citizens

#### RELATED PROGRAM

Meals on Wheels San Antonio

#### TYPE OF METRIC

Outcome - describing the effects on people or issues

#### DIRECTION OF SUCCESS

Increasing

### Percentage of clients living with Alzheimer's who achieve a stabilized routine as a result of day services

#### TOTALS BY YEAR



#### POPULATION(S) SERVED

Aging, elderly, senior citizens

#### RELATED PROGRAM

Grace Place Alzheimer's Activity Centers

#### TYPE OF METRIC

Outcome - describing the effects on people or issues

#### DIRECTION OF SUCCESS

Increasing

#### CONTEXT NOTES

Annual survey of caretakers revealed that 81% reported loved ones who attended Grace Place achieved a stabilized routine through mental and physical stimulation by participating in daily activities.

### Percentage of caretakers who benefit from resources and support groups

#### TOTALS BY YEAR



#### POPULATION(S) SERVED

Aging, elderly, senior citizens

#### RELATED PROGRAM

Grace Place Alzheimer's Activity Centers

#### TYPE OF METRIC

Outcome - describing the effects on people or issues

#### DIRECTION OF SUCCESS

Increasing

#### CONTEXT NOTES

Annual caregiver survey indicating the percentage of caregivers reporting ability to get needed rest, continue or return to work, and/or found useful resources and information about Alzheimer's

## Charting Impact

Five powerful questions that require reflection about what really matters - results.

SOURCE: Self-reported by organization

What is the organization aiming to accomplish? ^

The goal of all services of Meals on Wheels San Antonio is to promote the dignity and independence of seniors and to support their ability to age in place. Specifically, seniors receiving Meals on Wheels will maintain/improve their health and autonomy by receiving one nutritionally-balanced meal daily along with a wellness check and personal visit. Seniors receiving meals report they are more confident in their personal safety, knowing that someone will visit them daily.

What are the organization's key strategies for making this happen? v

What are the organization's capabilities for doing this? v

The goal of Grace Place is to offer Bexar County an affordable alternative to premature enrollment in costly nursing facilities. Grace Place will offer safe and ability-appropriate activities for seniors living with Alzheimer's and dementia. Additionally, the centers will offer support to caregivers by providing ongoing education about the disease and making available a time for respite.

How will they know if they are making progress? v

What have they accomplished so far and what's next? v

## Charting Impact

Five powerful questions that require reflection about what really matters - results.

SOURCE: Self-reported by organization

What is the organization aiming to accomplish?

What are the organization's key strategies for making this happen?

What are the organization's capabilities for doing this?

How will they know if they are making progress?

What have they accomplished so far and what's next?

Before a senior can receive regular meal delivery from Meals on Wheels, Client Services Team Members conduct an initial in-home assessment. This first visit assesses the needs of the client and the ability of staff and volunteers to safely deliver meals. To address the immediate need, each team member carries boxes of shelf stable meals to each meeting with a potential client. Once on the program, clients are regularly assessed by a Client Services Team Member to ensure that their changing needs are adequately addressed.

At Grace Place, each staff member recognizes the need to preserve a clients' dignity and cares for each individual in the same manner as they would friends and family. Adults with Alzheimer's spend the day at Grace Place interacting with other seniors while engaging in activities that focus on their remaining abilities rather than disabilities. Because of this reprieve during the day caregivers can resume some of their normal activities.

### Charting Impact

Five powerful questions that require reflection about what really matters - results.

SOURCE: Self-reported by organization

What is the organization aiming to accomplish?



What are the organization's key strategies for making this happen?



What are the organization's capabilities for doing this?



How will they know if they are making progress?



What have they accomplished so far and what's next?



Meals on Wheels San Antonio has over 42 years experience providing exceptional senior services through its two programs, Meals on Wheels and Grace Place Alzheimer's Activity Centers, which focus on nourishing lives, enabling independence and caring for the oldest residents in the San Antonio community. Through these two programs, the organization has made many partnerships in order to holistically meet the ever-changing needs of area seniors, helping them age in place and ultimately postpone premature relocation into expensive nursing care facilities.

## Charting Impact

Five powerful questions that require reflection about what really matters - results.

SOURCE: Self-reported by organization

What is the organization aiming to accomplish? ▼

We measure progress by assessments. We measure client outcomes through Client Needs Evaluation (CNE) and Nutritional Risk Assessment (NRA) surveys conducted by trained caseworkers during an initial visit and then annually for their time on the program. In 2017, 95 percent of elderly clients surveyed for the NRA reported positive nutritional outcomes, while 99 percent of the clients able to participate in the CNE reported feeling less isolated and more independent.

What are the organization's key strategies for making this happen? ▼

What are the organization's capabilities for doing this? ▼

At Grace Place, caregiver surveys produce positive findings each year. In 2017, for example, our surveys showed that: 81 percent of loved ones with Alzheimer's disease achieved a stabilized routine through mental and physical stimulation on a daily basis provided by trained staff. Our survey responses showed that 94 percent of caregivers were able to get needed rest, continue or return to work, and/or find useful resources and information about Alzheimer's through our free caregiver support groups.

How will they know if they are making progress? ▲

What have they accomplished so far and what's next? ▼

External Reviews

Photos

Video

## Charting Impact

Five powerful questions that require reflection about what really matters - results.

SOURCE: Self-reported by organization

What is the organization aiming to accomplish? ▾

In 2016, Meals on Wheels San Antonio reached a milestone, topping the 1 million mark in fresh, nutritious meals delivered to seniors in need. The organization has grown the AniMeals program, which delivers pet food to seniors who cannot afford to feed their pets. We are expanding our weekend lunch delivery services to include breakfast and weekend meal deliveries for seniors most in need.

What are the organization's key strategies for making this happen? ▾

In 2017, we began work on new goals to increase the number of homebound seniors served from 5,000 to 6,000 within the next two years. We must grow the number of Meals on Wheels volunteers from the current total of 2,700 to 3,000 within the next two years.

What are the organization's capabilities for doing this? ▾

To accomplish this goal, we hired a client acquisition specialist to expand our reach to new clients, and hired two additional volunteer coordinators to increase our volunteer ranks. We also devoted a staff member specifically to oversee AniMeals. We also began a Friendly Visitor program to provide seniors with companionship to alleviate isolation and depression.

How will they know if they are making progress? ▾

What have they accomplished so far and what's next? ▴

In 2018, due to the closing of rural nutrition programs, we began to serve Atascosa, Frio, and Medina counties to meet the needs of rural based seniors.

Because we are reaching capacity, the board is creating a new reserves fund for a planned capital campaign. Our next step is to initiate that campaign. We must open, equip and staff a massive new kitchen facility to serve larger numbers over a wider area. At the same time, we are working to repair and/or replace food preparation and storage equipment in our existing kitchen facility.

We must expand the number of Grace Place centers. We have renovated centers in need of repairs. Our next step for existing centers is to open sensory gardens that have been proven to help persons with Alzheimer's enjoy the advantages of seeing, smelling and touching plants in specially planted and maintained gardens. Our next step is to find suitable facilities for new Grace Place centers.

We are proactively responding to evolving changes occurring at local, state and national levels, and to changes in client needs. For example, many in the growing senior population are outliving their families and their personal resources, which will leave them without the traditional support of caregivers and adequate funds for their care.

To respond to these needs, we are strategically expanding our funding sources. Ultimately, we must grow the quantity and quality of our resources to ultimately double the numbers of clients served in a service area with a rapidly growing senior population. Based on the need for growth, we hired an additional donor relations specialist and went from contracting grant writing to a full time employee.

We have more than 42 years of experience and a solid foundation of success to inspire our efforts to secure more support to better serve increasing numbers of seniors in need.



### Charting Impact

Five powerful questions that require reflection about what really matters - results.

SOURCE: Self-reported by organization

What is the organization aiming to accomplish? ▼

What are the organization's key strategies for making this happen? ▼

What are the organization's capabilities for doing this? ▼

How will they know if they are making progress? ▼

What have they accomplished so far and what's next? ▼

### External Reviews

Powered by **GREAT Nonprofits**

"One special lady who delivered meals to seniors was Eleanor Benke. Eleanor was a volunteer for many years and she was a senior citizen herself. She described her volunteer work as "Helping those o..."

[READ MORE >>](#)

[See All 47 Reviews](#)

[Write a Review](#)

### Photos



### Video





## Meals on Wheels San Antonio

★★★★★ 47 reviews

**Nonprofit Issues (NTEE):** Alzheimers Disease, Food, Health, Human Services, Meals on Wheels, Senior Centers, Seniors

**Address:** 4306 NW Loop 410 Ariana Barbour, San Antonio, TX 78229 USA

**Mission:** Meals on Wheels San Antonio was founded in 1977, as part of Christian Senior Services, to deliver meals to seniors who have difficulty leaving their homes and preparing their own meals. We also provide specialized care for adults with Alzheimer's or ol' [Read more...](#)



Write a Review

Donate



### Reviews for Meals on Wheels San Antonio



**Writer**  
Role: Donor



October 3, 2018

One special lady who delivered meals to seniors was Eleanor Benke. Eleanor was a volunteer for many years and she was a senior citizen herself. She described her volunteer work as "Helping those old people." Eleanor is proof all ages can volunteer to this wonderful organization. RIP dear lady. Eleanor died at the ... [Read more](#)

Was this review helpful?

Share this review: [✉](#) [🐦](#) [f](#)

Flag review



**Writer**  
Role: Donor



October 3, 2018

This is one of the best 'person to person' organizations I've had the pleasure to help support. Without this organization, many seniors would go hungry and in America that would be a disgrace.

Was this review helpful?

Share this review: [✉](#) [🐦](#) [f](#)

Flag review



Invite Reviews



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# FINANCIALS

## Meals on Wheels San Antonio

Revenue & Expenses

Balance Sheet

### Revenue and Expenses

Fiscal Year 2018

Source: Self-reported by organization

#### Revenue

Contributions, Grants, Gifts	\$2,457,055
Program Services	\$4,481,565
Membership Dues	\$0
Special Events	\$168,980
Other Revenue	\$203,000
<b>Total Revenue</b>	<b>\$7,107,600</b>

#### Expenses

Program Services	\$7,118,055
Administration	\$362,235
Fundraising	\$597,666
Payments to Affiliates	\$0
Other Expenses	\$0
<b>Total Expenses</b>	<b>\$8,077,956</b>

# FINANCIALS

## Meals on Wheels San Antonio

Revenue & Expenses	Balance Sheet
<b>Balance Sheet</b> Fiscal Year 2018 Source: Self-reported by organization	
<b>Assets</b>	
<b>Total Assets</b>	<b>\$9,486,172</b>
<b>Liabilities</b>	
<b>Total Liabilities</b>	<b>\$438,595</b>
<b>Fund Balance (EOY)</b>	
<b>Net Assets</b>	<b>\$9,047,577</b>

## Board Leadership Practices

GuideStar worked with BoardSource, the national leader in nonprofit board leadership and governance, to create this section, which enables organizations and donors to transparently share information about essential board leadership practices.

SOURCE: Self-reported by organization

### BOARD ORIENTATION & EDUCATION

Does the board conduct a formal orientation for new board members and require all board members to sign a written agreement regarding their roles, responsibilities, and expectations?

Yes

### CEO OVERSIGHT

Has the board conducted a formal, written assessment of the chief executive within the past year?

Yes

### ETHICS & TRANSPARENCY

Have the board and senior staff reviewed the conflict-of-interest policy and completed and signed disclosure statements in the past year?

Yes

### BOARD COMPOSITION

Does the board ensure an inclusive board member recruitment process that results in diversity of thought and leadership?

Yes

### BOARD PERFORMANCE

Has the board conducted a formal, written self-assessment of its performance within the past three years?

Yes

## Organizational Demographics

In order to support nonprofits and gain valuable insight for the sector, GuideStar worked with D5—a five-year initiative to advance diversity, equity, and inclusion in philanthropy—in creating a questionnaire. This section is a voluntary questionnaire that empowers organizations to share information on the demographics of who works in and leads organizations. To protect the identity of individuals, we do not display sexual orientation or disability information for organizations with fewer than 15 staff. Any values displayed in this section are percentages of the total number of individuals in each category (e.g. 20% of all Board members for X organization are female).

SOURCE: Self-reported by organization

### GENDER



### SEXUAL ORIENTATION

*This organization reports that it does not collect this information for Board Members, Senior Staff, Full-Time Staff and Part-Time Staff.*

### DISABILITY

*This organization reports that it does not collect this information for Board Members, Senior Staff, Full-Time Staff and Part-Time Staff.*

### DIVERSITY STRATEGIES

- We track retention of staff, board, and volunteers across demographic categories
- We track income levels of staff, senior staff, and board across demographic categories
- We track the age of staff, senior staff, and board
- We track the diversity of vendors (e.g., consultants, professional service firms)
- We have a diversity committee in place
- We have a diversity manager in place
- We have a diversity plan
- We use other methods to support diversity



Thank you!

CL Davidson, CPA

[cl@qbixas.com](mailto:cl@qbixas.com)

478-787-0532